

Bay Area Vegetarian Dining & Health Food Shopping

All Restaraunts Listed Are 100% Vegetarian

(Last Updated 9/99)

ALAMEDA COUNTY

ALBANY DINING

Ambrosia Garden	843 San Pablo	510-528-5388
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BERKLEY DINING

		Check numbers and area code
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Michael's American Vegetarian Diner	2550 Telegraph Ave.	510-548-0600
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Raw Energy (raw food juice bar)	2050 Addison	510-536-3459
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Vegi Food	2083 Vine St.	510-548-5244
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BERKLEY HEALTH FOOD SHOPPING

Whole Foods Market and Deli	3000 Telegraph (Ashby)	510-649-1333
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Wild Oats	1581 University Ave.	510-549-1714
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FREMONT DINING

Krishna Restaurant	40645 Fremont Blvd.	510-656-2336
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OAKLAND DINING

Golden Lotus (no egg products)	1301 Franklin St.	510-893-0383
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New World Vegetarian (no egg products)	464 8th Street	510-238-8816
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OAKLAND HEALTH FOOD SHOPPING

Layonna Vegetarian Market	435 8th St.	510-763-5289
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HUMBOLDT COUNTY

ARCATA DINING

Wildflower Café & Bakery	1604 G. St.	707-822-0360
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ARCATA HEALTH FOOD SHOPPING

Arcata Co-op	811 I Street	707-822-5947
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Eureka Natural Foods	1626 Broadway	707-442-6325
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LAKE COUNTY

LAKEPORT DINING

Natures Bounty (Vegan, open for lunch only)	301 N. Main	707-263-4575
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LAKEPORT HEALTH FOOD SHOPPING

Natures Select Foods		707-967-8545
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Natures Food Center	601 N. Forbes Street	707-263-5359
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MENDOCINO COUNTY

TALMAGE DINING

Sagely City of Ten Thousand Buddha's	2001 Talmage Rd.	707-462-0939
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UKIAH HEALTH FOOD SHOPPING

Ukiah Natural Foods (Co-op)	S. State Street	707-468-5376
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MONTEREY COUNTY

Harvest Natural Food	542 Light House Ave.	
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Whole Foods Market and Deli	800 Del Monte Shopping Center	831-333-1600
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SACRAMENTO COUNTY

FAIR OAKS DINING

Sunflower drive-in	10344 Fair Oaks Blvd.	916-967-4331
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FAIR OAKS HEALTH FOOD SHOPPING

Elliot's Natural Foods	Greenbeck	
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Trader Joes	5309 Sunrise Blvd.	916-863-1744
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SACRAMENTO DINING

Mums	2968 Freeport Blvd.	916-444-3015
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SACRAMENTO HEALTH FOOD SHOPPING

Wild Oats	5104 Arden Way	916-481-1955
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Natural Foods Co-op		
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SAN FRANCISCO COUNTY

SAN FRANCISCO DINING		
Ananda-Fuara	1298 Market Street	415-621-1994
Bok Choy Garden (Vegan)	1820 Clement Street (at 19th)	415-387-8111
11:11 Lounge	1330 Polk St.	415-885-2652
Ganges	775 Frederick St.	415-661-7290
Golden Era	572- O'farrell St	415-673-3136
The Green Bean (mostly vegan)	704 Post (at Jones)	415-563-1972
Greens	Fort Mason Bldg B.	415-771-6222
Herbivore (organic vegan)	983 Valencia (at 21st)	415-826-5657
Josie's Cabaret and Juice Joint	3583 16th St.	415-861-7933
Joubert's	4115 Judah St.	415-753-5448
Kowloon	909 Grant	415-362-9888
Lucky Creation	854 Washington St.	415-989-0818
Millennium	246 McAllister St.	415-487-9800
Organic City	2043 Fillmore	415-928-1300
Organica	1224 9th Ave.	415-665-6519
Valentines Café	1793 Church Street	415-285-2257
Vegi Food (no egg products)	1820 Clement St.	415-387-8111
SAN FRANCISCO HEALTH FOOD SHOPPING		
Good Life Grocery	1524 20th St.	415-282-9204
" "	448 Cortland Ave.	415-648-3221
Organic City	2047 Fillmore	415-922-3811
Other Avenues Grocery	3930 Judah (at 45th)	415-661-7475
Planet Organics (home delivery)		800-956-5855

SAN MATEO COUNTY

HALF MOON BAY HEALTH FOOD SHOPPING		
Healing Moon Helath Foods	523 Main St.	650-726-7881
SAN BRUNO		
Green Valley (Organic)	422 San Mateo Ave (@ El Cmaino	650-873-6677
SAN MATEO CITY HEALTH FOOD SHOPPING		
Piazzas Fine Foods	1218 W. Hillsdale Blvd.	650-341-9496

SANTA CLARA COUNTY

CAMPBELL DINING		
Tasty Vegetarian Cuisine	2455 S. Winchester Blvd.	408-374-9791
CAMPBELL HEALTH FOOD SHOPPING		
Country Village Natural Foods	2031 Campbell Ave.	408-377-1431
Cupertino Natural Foods	10255 S DeAnza Blvd.	408-253-1277
Whole Foods Market and Deli	1690 S. Bascom	408-371-5000
CUPERTINO HEALTH FOOD SHOPPING		
Whole Foods Market and Deli	20830 Stevens Creek	408-257-7000
LOS GATOS HEALTH FOOD SHOPPING		
Whole Foods Market and Deli	15980 Los Gatos	408-358-4434
MILPITAS		
Lu Lai Garden	210 Barbara Court	408-526-9888
MOUNTAIN VIEW		
Garden Fresh	1245 W. El Camino	650-961-7795
PALO ALTO HEALTH FOOD SHOPPING		
Country Sun	440 S. California St.	650-328-4120
Molly Stones Natural Foods	164 S. California Ave.	650-429-2037
Piazzas Fine Foods	3922 Middlefield Rd	650-494-1542
Whole Foods Market and Deli	774 Emerson	650-326-7676
SAN JOSE DINING		
Di Da (no egg products)	2597 Senter Rd	408-998-8826
Hung Vuong	1741 B Berryessa Rd.	408-254-1740
The Vegetarian House	520 E Santa Clara Street	408-292-3798
White Lotus	80 N. Market St.	408-977-0540

SAN JOSE HEALTH FOOD SHOPPING		
Cahalan Health Foods	6067 Cahalan Blvd.	408-227-5453
The Vegetarian House	520 E Santa Clara Street	408-292-3798
Wild Oats	1265 South Mary St. (at Fremont)	408-730-1310
SUNNYVALE		
Great Vegi Land	562 S. Murphey Ave.	408-735-9335
Panchavati	460 Persian Dr.	408-734-9335
SANTA CRUZ COUNTY		
APTOS HEALTH FOOD SHOPPING		
Aptos Natural Foods	7506 Soquel Rd.	831-685-3334
BOULDER CREEK DINING		
Blue Sun Café	13070 Hwy. 9	831-338-2105
CAPITOLA DINING		
Dharmas Natural Foods	4250 Capitola Rd.	831-462-1717
CAPITOLA HEALTH FOOD SHOPPING		
New Leaf Market	1210 41st Ave.	831-479-7113
FELTON HEALTH FOOD SHOPPING		
New Leaf Market	Highway 9	831-335-7322
SANTA CRUZ DINING		
Asian Rose Café	1547 B Pacific (Downtown)	831-458-3023
" "	1116 Soquel Ave.	831-423-7906
Café Del Sol	1305 Water St.	831-423-8041
SANTA CRUZ HEALTH FOOD SHOPPING		
Food Bin-Herb Room	1130 Mission	831-423-5526
New Leaf Market	2351 Mission	831-426-1299
New Leaf Market	1134 Pacific Ave.	831-425-5323
SONOMA COUNTY		
SANTA ROSA HEALTH FOOD SHOPPING		
Community Market	1899 Mendocino Ave.	707-546-1806
SEBASTOPOL DINING		
Slice of Life	6970 McKinley St.	707-829-6627
SONOMA HEALTH FOOD SHOPPING		
California Organics	201 W. Napa	707-996-9898